

# *Community Healthcare Resource Guide*



**new horizons**  
**in-home care**



*A list of Programs, Services, and Housing  
Options for Seniors and Disabled Persons  
in Marion, Polk & Yamhill Counties*

**2018-2019**  
**Marion-Polk-Yamhill Edition**  
Available Online at [www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com)



*Call Any Hour, Any Day 24/7*

**W**e at **New Horizons In-Home Care** are very pleased to present you with our new Community Healthcare Resource Guide (2018–2019, Marion & Polk County). This year is the third year for our guide in Marion and Polk Counties.

Marion and Polk Counties offer a tremendous diversity of healthcare related services, programs and residences designed to meet everyone's needs. It is our pleasure to offer this guide to you at no charge.\* In addition, we have guides for Lane, Linn and Benton Counties.

Please contact us if you need additional copies of this guide or any of the other guides, or have suggestions to improve next year's edition.

*For your good health, New Horizons In-Home Care is there when you need us, 24 hours a day, 7 days a week.*

## **Marion, Polk & Yamhill Counties**

### **Salem**

2085 Commercial St. NE

Salem, OR 97301

**503-400-3000**

*Serving Salem and surrounding areas.*

## **Linn & Benton Counties**

### **Corvallis**

1318 NW 9th, Corvallis, OR 97330

**541-752-9059**

*Serving Albany, Corvallis,  
Lebanon and surrounding areas.*

## **Lane County**

### **Eugene**

1345 Olive St, Eugene, OR 97401

**541-687-8851**

*Serving Springfield, Cottage  
Grove, and surrounding areas.*

### **Florence**

398 Hwy 101, Florence, OR 97439

**541-997-8115**

*Serving Mapleton, Reedsport,  
Yachats, and surrounding areas.*

\* New Horizons In-Home Care provides this guide free of charge to members of our community as a helpful resource and does not (1) represent that this guide contains a complete list of all of the healthcare related services available in Marion & Polk Counties or (2) recommend or endorse any resource contained in this guide.



*Call Any Hour, Any Day 24/7*

**A**

## **about New Horizons In-Home Care**

Sometimes just a few hours of personal assistance provides enough support for a person to remain in the comfort of his or her own home. When you or someone you love needs help to live safely at home, we can help. New Horizons In-Home Care is locally owned and licensed by the State of Oregon as a comprehensive, full-service in-home care agency. We have been serving Oregon residents since 1985.

- **Free Nursing Assessment** — Our services begin with a no-cost, no-obligation, in-your-home consultation with one of our experienced Nurse Care Managers. The nurse will outline all of the options available to you and provide detailed recommendations based on your personal needs and preferences.
- **Help understanding long-term care options** — There are many care options for people who need assistance with daily living, and it can be overwhelming selecting the best one. Our Nurse Care Managers can provide you the information you need to make an informed decision and assist with any long-term care insurance claims.
- **Medical and non-medical assistance in your home** — Our experienced Caregivers, CNAs, LPNs and RNs will assist you to remain in the comfort of your own home. Our services include companionship, housekeeping, and meal preparation, transportation, bathing and personal care, mobility assistance, medication management and assistance, diabetic care, pediatric care and other nursing services.
- **Call us any time** — Night or day, seven days a week, your calls will be answered by a compassionate staff person, and your needs will be met promptly and efficiently. At New Horizons In-Home Care we are proud to be *there when you need us, 24 hours a day, 7 days a week.*



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# Making decisions about long-term care

## ***Plan Ahead!***

It is common to put off thinking ahead to a time when we will need care and assistance. Most of us are inadequately prepared to face this often uncomfortable issue. What is right for one family is not appropriate for another, and what works one day can change dramatically overnight. Waiting until a time of crisis before beginning to plan, in addition to limiting your options, often leads to family discord and conflict and makes a difficult situation even worse. By getting information, making decisions and planning ahead we can most effectively manage our future.



## ***Advanced Directive for Health Care***

It is never too early to plan. In fact, people of all ages can be assured that their healthcare wishes will be followed by simply completing an Advanced Directive for healthcare. In Oregon, the Advance Directive form is used to direct how healthcare decisions will be made for you and who will make them if you become incapable of making them yourself. You can contact Oregon Health Decisions to get more information on this and other helpful publications.

- Oregon Health Decisions:  
503-692-0894 or 1-800-422-4805  
**[www.oregonhealthdecisions.org](http://www.oregonhealthdecisions.org)**
- The forms are generally available free of charge from your doctor or other healthcare centers.
- Talk with your physician and make sure they have a copy of your Advance Directive.
- Be sure family and those close to you know your wishes and have a copy of your Advance Directive.
- Bring a copy of your Advance Directive with you anytime you are hospitalized.



## **Elder Law**

Making decisions about financial concerns is best done when we are reasonably healthy. There are several options available for consideration when making these decisions and the advice of an attorney who specializes in estate planning, sometimes called Elder Law, often makes this process simpler. You will find a listing of Elder Law Attorneys in the area as well as professional guardianship & conservator services at the end of this section.

### **Understand Physical and Health Care Needs**

Before making long-term decisions it is essential that you consider the current physical health of yourself or the person you are assisting.

- Consider current physical and healthcare needs and how the needs will change in the near and distant future.
- Improvement or worsening of a health condition greatly affects the need for help and how care needs will change over time.
- Consult a healthcare professional such as a Physician, Nurse Practitioner, Social Worker or Nurse Case Manager to assist in this evaluation.

### **Review Types of Services That Can Help Meet Needs**

- Help in the current residence includes In-Home Care Agencies, Senior Connection Programs, and Adult Day Health/Respite services.
- Relocation options include Adult Foster Homes, Memory Care, Alzheimer's Care Units, Assisted Living Communities, Continuing Care Retirement Communities, Nursing Facilities, Residential Care Communities and Retirement Homes/Complexes/Communities.
- See details on each option in this directory.

### **Evaluate the Quality of Care**

Once you have an idea of the type of long-term care service provider that will best meet your current and future needs, you can begin to evaluate the quality of the services offered by the individual providers.

- Talk with people you trust, particularly someone who has had a family member or friend who has needed long-term care previously.
- Consult with healthcare professionals such as a Physician, Nurse Practitioner, Social Worker or Nurse Case Manager for recommendations.
- Public Disclosure Files are available at each community. Ask for their latest survey.





- Phone and visit several times those whom you are considering to provide long-term care service.
- Visiting their website may also be helpful.
- See the tips in this directory about what to consider before making a final decision.

### **Consider Cost and the Ability to Pay**

Those who offer long-term care services are generally private businesses that set their own prices and each has a unique pricing structure based on the service provided. This often causes confusion for the consumer.

- The cost of long-term care varies greatly depending upon the type of care that is needed, qualifications of those providing the care and where the services will take place.
- Payment of long-term care services primarily comes from a person's own private funds or, if one was purchased, a long-term care insurance policy. Another funding source that is becoming more popular is a reverse mortgage.
- *Medicare* generally doesn't pay for long-term care or help with daily living needs such as bathing, dressing, grooming, shopping, etc.
- *Medicaid* pays for long-term care for people who have few financial resources, limited monthly income, and significant personal care needs.
- All service providers of long-term care are required to disclose their fees and terms of their services in writing. ***Ask to see this document and any other document that will need to be signed before making a final decision.*** In order to fairly and accurately compare costs for services you must have the complete information about their fees and terms of services.

### **Social and Other Important Things to Consider**

It is important to keep involved, to the greatest extent possible. If you are helping someone who is not able to fully participate in the decision, or able to communicate well, keep his or her values and preferences in mind.

- Make decisions that keep family and friends near if possible.
- Maintain involvement in meaningful and enjoyable activities and consider how to continue transportation to/from these events.



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## **Elder Law Attorneys**

The topics an elder law attorney will cover include Medicare and Medicaid programs, housing options, Social Security and private pensions, long term-care insurance, power of attorney, wills, trusts and annuities.

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**Butterfield, P.C., Stan** 971-600-7282  
946 SE Uglow Ave, Dallas, OR 97338

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**Custis P.C., Robert J** 503-378-0624  
P.O. Box 2182, Salem, OR 97301 F: 503-779-2578

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**Douglas, Conroyd, Gibb & Pacheco PC** 503-364-7000  
528 Cottage St NE Suite 200, Salem, OR 97301

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**Hamilton, Christopher, Attorney** 503-383-1496  
838 Commercial St NE, Salem, OR 97301 F: 503-766-6477  
[www.hansonwalgenkim.com](http://www.hansonwalgenkim.com) • [Chris@hansonwalgenkim.com](mailto:Chris@hansonwalgenkim.com)

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**Kelley & Kelley** 503-873-8671  
Philip T. Kelley  
110 N Second St, Silverton, OR 97381

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**Pixton Law Group** 503-949-2757

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**Law Office of Eden Rose Brown** 503-581-1800  
1011 Liberty St SE, Salem, OR 97302

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**Mannenbach Law Office** 503-623-6052  
133 SW Academy St, Dallas, OR 97338 F: 503-623-6053  
[www.mannenbachlaw.com](http://www.mannenbachlaw.com)

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**McGinty & Belcher Attorneys** 503-371-9636  
694 High St NE, Salem, OR 97309  
[www.mcginty-belcher.com](http://www.mcginty-belcher.com)

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**Parker and Griffith** 503-583-3517  
3040 Commercial St SE, #135, Salem, OR 97302  
[www.NathanParkerLaw.com](http://www.NathanParkerLaw.com)  
[Nate@NathanParkerLaw.com](mailto:Nate@NathanParkerLaw.com) Se habla Español

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**Pike Professional Legal Services** 503-888-0952  
3062 Mahalo Ct SE, Ste. 200, Salem, OR 97317

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## **Professional Guardians/Conservators/Case Managers**

Guardians and conservators are appointed through the court to protect a person and serve as their advocate, particularly when there is some type of abuse or potential abuse involved. Guardianship occurs when a person becomes incapacitated, as defined by Oregon law, and has not made previous plans, or the plans that they have made do not work out. Generally, it is a last alternative after other solutions have failed. It can involve a court proceeding if the proposed incapacitated person requests a hearing. Guardians are appointed by a judge and the guardianship order will specifically outline the duties and responsibilities of the guardian.

A conservatorship is also a legal proceeding that gives a person power over another person's property and finances. Only a court can grant this power and it is generally done as a last resort. Some Elder Law Attorneys can also be appointed as guardians or conservators.

If you are unsure what type of help is needed, and what your options are, a professional case manager can help. Care managers are highly trained social workers and nurses who have experience working with older adults and persons with disabilities. Care managers can be invaluable if you are trying to assist a loved one from far away. Some in-home care agencies provide nurse case managers to oversee their in-home care clients.

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### **Professional Guardians/Conservators / Care Managers**

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**New Horizons In-Home Care**  
2085 Commercial St. NE  
Salem, OR 97301

[www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com)



**new horizons**  
in-home care

503-400-3000

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**Cornerstone Services, Inc.**  
5729 Main St #256, Springfield, OR 97478  
[www.oregoncsi.com](http://www.oregoncsi.com)

541-988-3678

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**ElderCare Resources, Inc.**  
399 East 10th Ave, Eugene, OR 97401  
[www.eldercare-eugene.com](http://www.eldercare-eugene.com)  
[askus@eldercare-eugene.com](mailto:askus@eldercare-eugene.com)

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541-344-7712



*Call Any Hour, Any Day 24/7*



## **new horizons in-home care**



Our services begin with a no cost or obligation **Free Nursing Assessment** from one of our Nurse Case Managers. This thorough evaluation will assist you in developing an individualized plan of care. We will assess your care needs and provide you with detailed recommendations customized just for you. Our licensed and experienced Nurse Care Managers will help link you with valuable resources and help establish a safe plan of care.

### **Marion, Polk & Yamhill Counties**

#### **Salem**

2085 Commercial St. NE  
Salem, OR 97301  
**503-400-3000**

*Serving Salem and surrounding areas.*

### **Linn & Benton Counties**

#### **Corvallis**

1318 NW 9th, Corvallis, OR 97330  
**541-752-9059**

*Serving Albany, Corvallis,  
Lebanon and surrounding areas.*

### **Lane County**

#### **Eugene**

1345 Olive St, Eugene, OR 97401  
**541-687-8851**

*Serving Springfield, Cottage  
Grove, and surrounding areas.*

#### **Florence**

398 Hwy 101, Florence, OR 97439  
**541-997-8115**

*Serving Mapleton, Reedsport,  
Yachats, and surrounding areas.*

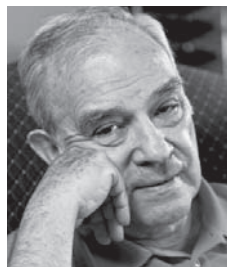


# Resource and Service Information

## Advocacy, Information, and Education

### **Senior & Disability Services**

The following is a list of groups and organizations that focus on advocating for seniors or who provide information, education and support groups focusing on issues commonly facing older adults as a result of their age, illness, or a disability.



### **Senior and Disability Services (SDS)**

Senior and Disability Services is the Area Agency on Aging (AAA) for Marion and Polk Counties; their mission is to provide leadership and services for seniors and people with disabilities to enhance their independence, dignity, choice and individual well being. SDS provides a wide variety of financial, medical and long term care services for clients and their families. SDS determines eligibility for medical and service programs to assist people with disabilities 18–64 years of age as well as older adults 65 years or older. If eligible, people may qualify for full or limited medical benefits, Lifeline, transportation services, in-home care services, subsidized payment for services in adult foster homes, assisted living and residential care communities. Other benefits coordinated by SDS include Food Stamps, Senior Meals and Home Delivered Meals. [www.nwsds.org](http://www.nwsds.org)

### **Aging and Disability Resource Connection (ADRC)**

The SDS Aging and Disability Resource Connection (ADRC) helps assess your need for services, provides information about all the options available, and can help you select the solution best for you. ADRC staff can provide information and referrals for programs such as in-home service and support, choosing and paying for a care facility, family and caregiver support, transportation, home delivered meals, legal services, Medicare counseling, medical equipment, health and wellness connections, prescription drug benefits, energy assistance, and low income housing.

[www.adrcoforegon.org](http://www.adrcoforegon.org)

**Northwest Senior and Disability Services**

Toll Free: 866-206-4799

Salem Branch Office: . . . . . 503-304-3400



## Adult Day Centers

<b>Among Friends-Center 50+</b> 2615 Portland Rd NE, Salem, OR 97301	503-588-6303
<b>Care Home</b> 607 Lone Oak Lp, Silverton, OR 97381	503-873-6240

## Advocacy, Information, and Education

<b>Alzheimer's Association</b>	800-272-3900
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*Provides support services to people with memory loss and their family members including a 24-7 help line.*

[www.alz.org/oregon](http://www.alz.org/oregon)

<b>Alzheimer's Network of Oregon</b>	503-364-8100
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*The Alzheimer's Network is a local non-profit that offers compassionate support and outreach to meet the individual needs of those living with Alzheimer's and other related dementias. We offer education support groups, art and music classes, adult day respite, and resources.*

F: 503-364-8102

2673 12th St. NE, Salem, OR 97302

e-mail: [info@alznet.org](mailto:info@alznet.org) • [www.alznet.org](http://www.alznet.org)

<b>American Cancer Society</b>	503-814-1946
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Cancer Resource Center Building C • 9am-3pm  
875 Oak St SE, Salem, OR 97301

[www.cancer.org](http://www.cancer.org)

<b>Salem Cancer Institute Support Services</b>	503-814-1449
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<b>American Diabetes Association</b>	1-888-392-2383
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*Provides support, research, funding, and other services to prevent, cure and manage diabetes in hundreds of communities.*

503-736-2770

F: 503-241-5604

4380 South Macadam Ave #270, Portland, OR 97238

[www.diabetes.org](http://www.diabetes.org)

<b>American Heart Association</b>	800-242-8721
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<b>And American Stroke Association</b>	503-820-5300
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*Provides support, education, and other assistance to patients and families affected by cardiovascular diseases and strokes.*

4380 SW Macadam Ave # 480, Portland, OR 97239

[www.heart.org](http://www.heart.org)

<b>American Lung Association of Oregon</b>	866-661-5864
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7420 SW Bridgeport Rd., Ste. 200, Portland, OR 97224

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## Advocacy, Information, and Education, continued

<b>American Red Cross Cascades Region</b> <i>Provides disaster relief, support/comfort for military members &amp; families, health &amp; safety training, disaster/emergency preparedness information and resources for all populations in Oregon and Southwest Washington.</i> Willamette Chapter – 503-585-5414 <a href="http://www.redcross.org/cascades">www.redcross.org/cascades</a> Volunteer application available online at <a href="http://www.redcross.org/volunteer">www.redcross.org/volunteer</a>	503-284-1234 888-680-1455 (After 5pm emergency)
<b>American Speech Language Hearing Association</b>	800-638-8255
<b>AARP - Oregon</b>	866-554-5360
<b>Arthritis Foundation</b> <i>Provides assistance, education, and support for those affected by arthritis.</i> <a href="http://www.arthritis.org">www.arthritis.org</a>	888-391-9389
<b>Center for Hope and Safety</b> 605 Center St, Salem, OR 97301	503-378-1572 503-399-7722
<b>Community Action</b> 2475 Center St NE, Salem, OR 97301 <a href="http://www.mwvcaa.org">www.mwvcaa.org</a>	503-585-6232
<b>Consumer Reporting &amp; Information Hotline</b> <i>Attorney General's Hotline for Fraud reporting, consumer complaints, and to receive information about local businesses or business practices.</i> e-mail: <a href="mailto:help@oregonconsumer.gov">help@oregonconsumer.gov</a> <a href="http://www.doj.state.or.us">www.doj.state.or.us</a>	1-877-877-9392 Salem: 503-378-4400
<b>Crisis &amp; Information Hotline</b> 694 Church St NE, Salem, OR 97301	503-581-5535 1-800-560-5535
<b>Crohn's &amp; Colitis foundation of America Northwest Chapter</b> Po Box 23321 Portland, OR 97281 <a href="http://www.ccfa.org">www.ccfa.org</a>	503-715-7610
<b>Disability Rights of Oregon</b>	503-243-2081 800-245-1694
<b>Domestic Violence Victim Access Program</b> 100 NE High St., Salem, OR 97301	503-588-5411
<b>Family &amp; Community Outreach &amp; Polk County Resource Center</b> Academy Building 182 SW Academy St Ste 220, Dallas, OR 97338	503-623-9664 503-623-8429

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## Advocacy, Information, and Education, continued

<b>Governors Advocacy and Dispute Resolution Hotline</b> <i>Ensures State agencies follow regulations, assists with dispute resolution, complaint processing, and other concerns related to the Department of Human Services and its affiliated divisions.</i> <a href="http://www.oregon.gov/dhs">www.oregon.gov/dhs</a>	1-800-442-5238
<b>Governors Commission on Senior Services</b>	503-947-5019
<b>Habitat for Humanity of the Mid-Willamette Valley</b> 1220 12th St SE, Salem, OR 97302 <a href="http://www.salemhabitat.org">www.salemhabitat.org</a>	503-364-6642
<b>Jumpstart CPR</b> <i>CPR, AED &amp; First Aid</i> Rebecca Boone <a href="mailto:rebecca@jstartcpr.com">rebecca@jstartcpr.com</a>	503-990-2447
<b>Long Term Care Consulting, LLC</b> <i>Compliance &amp; Regulatory Expertise.</i> <i>Administrator Training &amp; Support.</i> P.O. Box 205, Philomath, OR 97370 e-mail: <a href="mailto:info@ltccconsultinginfo.com">info@ltccconsultinginfo.com</a> <a href="http://www.ltccconsultinginfo.com">www.ltccconsultinginfo.com</a>	541-953-6025 (call or text)
<b>Long Term Care Ombudsman Program</b> <i>Serves long-term care facility residents through complaint investigation, resolution and advocacy for improvement in resident care.</i> 3855 Wolverine St NE Ste 6, Salem, OR 97305 <a href="http://www.oregon.gov/LTCO">www.oregon.gov/LTCO</a>	1-800-522-2602
<b>Lupus Foundation of America</b>	800-558-0121
<b>Marion County Health Department</b> 976 N. Pacific HWY, Woodburn, OR 97071	503-588-5357 503-981-5851
<b>Mental Health America</b>	1-800-273-TALK
<b>National Institute of Mental Health</b>	1-866-415-8051
<b>National Multiple Sclerosis Society (See Website)</b> <i>Provides Information, Support, and resources for patients, friends, and families affected by Multiple Sclerosis.</i> Oregon MS Society Chapter 5331 SW Macadam Ave Ste 290, Portland, OR 97239 <a href="http://www.defeatms.com">www.defeatms.com</a>	800-344-4867 503-223-9511

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## Advocacy, Information, and Education, continued

<b>North West Human Services</b> 681 Center St NE, Salem, Oregon 97301	800-560-5535 503-588-5828 Crisis Line: 503-581-5535
<b>Oregon Department of Human Services Elder Abuse &amp; Neglect</b> Report abuse Safe: 855-503-7233	503-304-3400 800-469-8772
<b>Oregon Elder Abuse Hotline</b>	800-232-3020
<b>Oregon Governors Advocacy Office</b> 500 Summer St NE E17, Salem, OR 97301	800-442-5238 503-945-6904
<b>Oregon Long-Term Care Ombudsman</b> 3855 Wolverine St NE, Salem, OR 97305	503-378-6533
<b>Oregon State Department of Human Services</b> 500 Summer St NE, Salem, OR 97301	503-945-5600
<b>Parkinson's Resources of Oregon</b> 8880 SW Nimbus Ave., Ste. B Beaverton, OR 97008 <a href="mailto:info@parkinsonsresources.org">info@parkinsonsresources.org</a> <a href="http://www.parkinsonsresources.org">www.parkinsonsresources.org</a>	503-594-0901 1-800-426-6806 F: 503-594-0547
<b>Polk County Public Health Department</b> Academy Building 182 SW Academy St. Ste. 302, Dallas, OR 97338	503-623-8175
<b>Polk County Behavioral Health</b> Academy Building 182 SW Academy St Ste. 333, Dallas, OR 97338 1520 NW Plaza St Ste 150, Salem, OR 97304	503-623-9289 503-585-3012 F: 503-831-1726
<b>Samaritan Medication Assistance Program</b> <i>Provides assistance for individuals who have no insurance and are unable to afford the cost of their medications.</i> <a href="http://www.samhealth.org">www.samhealth.org</a>	541-812-5078
<b>The Salvation Army Ray &amp; Joan Kroc (Bldg)</b> Corps Community Center 1865 Bill Frey Dr, Salem, OR 97301	503-566-5762
<b>The Salvation Army Family Services Building</b> 1977 Front St NE, Salem, OR 97301	503-585-6688
<b>Social Security Administration</b> <a href="http://www.ssa.gov">www.ssa.gov</a>	800-772-1213



## *Advocacy, Information, and Education, continued*

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**St Vincent De Paul** 503-363-4589  
1010 Columbia St NE, Salem, OR 97301  
[www.stvincentsalem.org](http://www.stvincentsalem.org)

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**United Ostomy Associations of America** 800-826-0826

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## **Medicare**

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**Medicare, General Information** 800-633-4227  
*Medicare is a federal health insurance program for eligible people 65 or older and eligible people with disabilities under age 65.* 800-MEDICARE  
[www.medicare.gov](http://www.medicare.gov)

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**Senior Medicare Patrol**  
*Empowering Seniors to Prevent Health Care Fraud.*  
[www.smpresource.gov](http://www.smpresource.gov)

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**Oregon Senior Health Insurance Benefits Assistance Program (SHIBA)** 800-722-4134  
350 Winter St NE, Rm. 330, Salem, Oregon 97309 F:503-947-7092  
[www.oregonshiba.org](http://www.oregonshiba.org)

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## **Libraries in Marion & Polk County**

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**Community Health Education Center** 503-814-2432  
939 Oak St SE, Salem, OR 97302

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**Dallas Library** 503-623-2633  
950 Main St, Dallas, OR 97338

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**Independence Library** 503-838-1811  
175 Monmouth St, Independence, OR 97351

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**Monmouth Library** 503-838-1932  
168 Ecols St S, Monmouth, OR 97361

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**Mt Angel Library** 503-845-6401  
290 E Charles St, Mt Angel, OR 97362

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**Oregon State Library** 503-378-4243  
Talking Book & Braille Services  
250 Winter St NE, Salem, OR 97301

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## *Advocacy, Information, and Education, continued*

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<b>Salem Public Library</b> 585 Liberty St SE, Salem, OR 97301	503-588-6315
<b>Stayton Public Library</b> 515 N 1st Ave, Stayton, OR 97383	503-769-3313
<b>West Salem Public Library</b> 395 Glen Creek Rd NW, Salem, OR 97304	503-588-6315
<b>Woodburn Public Library</b> 280 Garfield St, Woodburn, OR 97071	503-982-5252

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### ***Community Food Programs***

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<b>Marion County</b>	
<b>AWARE Food Bank</b> 152 Arthur St, Woodburn, OR 97071 Open M-F 9:00-Noon	503-981-5828
<b>Hope Station Community Services</b> 1337 Madison St Ste 115, Salem, OR 97301	503-339-7710
<b>Jefferson Scio &amp; Crabtree Food Bank</b> 172 North Main St, Jefferson, OR 97352	541-327-2442
<b>Marion-Polk Food Share</b> <i>Meals on Wheels</i> 2615 Portland Rd. NE, Salem, 97301 <i>Food Share</i> 1660 Industrial Dr NE, Salem, 97301 Office Hours 9:00 am-3:00 pm	503-364-2856  503-581-3855
<b>Silverton Area Community Aid</b> 421 S Water St, Silverton, OR 97381	503-873-3446
<b>Polk County</b>	
<b>Dallas Food Bank</b> 322 Main St #180, Dallas, OR 97338	503-623-3578
<b>Ella Curran Food Bank</b> 854 N Main St, Independence, OR 97351	

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**Community Housing Assistance**

**Oregon**

**Fair Housing Council of Oregon** 800-424-3247  
503-223-8197

**Marion County**

**Marion County Housing Authority** 503-798-4170  
Affordable Housing  
2645 Portland Rd NE Suite 200, Salem, OR 97301

**Salem Housing Authority** 503-588-6368  
360 Church St SE, Salem, OR 97301

**Polk County**

**West Valley Housing Authority** 503-623-8387  
Affordable Housing  
204 SW Walnut Ave, Dallas, OR 97338  
[www.wvpha.org](http://www.wvpha.org)

**Low Cost Healthcare Clinics**

**Monmouth**

**Total Health Community Clinic** 503-378-7526  
180 Atwater St, Monmouth, OR 97361

**Salem**

**West Salem Clinic** 503-378-7526  
1233 Edgewater St NW, Salem, OR 97304

**West Salem Clinic - Mental Health** 503-378-7526  
1245 Edgewater St NW, Salem, OR 97304

**West Salem Dental** 503-378-7526  
190 Kingwood Ave NW, Salem, OR 97304

**Urgent Care Clinics**

**Salem**

**Urgent Care Clinic South** 503-588-1234  
3777 Commercial St SE, Salem, OR 97302

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## *Advocacy, Information, and Education, continued*

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<b>Urgent Care Main Salem Clinic</b> 2020 Capitol St NE, Salem, OR 97301	503-364-9888
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### **Keizer**

<b>Urgent Care Inland Shores</b> 5900 Inland Shores Wy NE, Keizer, OR 97303	503-390-9790
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### **Dallas**

#### **Emergent Care**

109B E. Ellendale Ave, Dallas, OR 97338

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## *Hospitals-In Patient*

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<b>Oregon State Hospital</b> 2600 Center St NE, Salem, OR 97301 <a href="http://www.oregon.gov">www.oregon.gov</a>	503-945-2800
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<b>Salem Hospital</b> 890 Oak St SE, Salem, OR 97301 <a href="http://www.salemhospital.org">www.salemhospital.org</a>	503-561-5200 800-876-1718
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<b>Santiam Memorial Hospital</b> 1401 North 10th Ave, Stayton, OR 97383 <a href="http://www.santiamhospital.org">www.santiamhospital.org</a>	503-769-2175
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<b>Silverton Hospital</b> 342 Fairview St, Silverton, OR 97381 <a href="http://www.legacyhealth.com">www.legacyhealth.com</a>	888-873-1500 503-873-1500
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<b>West Valley Hospital</b> 525 SE Washington St, Dallas, OR 97338 <a href="http://www.salemhealth.org">www.salemhealth.org</a>	503-623-8301
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## *Medical Equipment Vendors*

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<b>A Turning Leaf</b> 315 Mission St Ste 100, Salem, OR 97302	503-689-1597
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<b>Advanced Hearing Services</b> Stephanie Eddy, Hearing Aid Specialist 3856 Center St NE, Salem, OR 97301 e-mail: <a href="mailto:stephanie@ahssalem.com">stephanie@ahssalem.com</a> • <a href="http://www.ahssalem.com">www.ahssalem.com</a>	503-589-9844
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<b>Amramp</b>	503-400-2924
<b>Apria Healthcare</b> 2050 Vista Ave SE Ste 100, Salem, OR 97302 <a href="http://www.apria.org">www.apria.org</a>	503-480-1100 1-866-226-5556
<b>ATI (Access Technologies, Inc.)</b> 2225 Lancaster Dr NE, Salem, OR 97305	503-361-1201 1-800-677-7512
<b>Electronic Caregiver</b> Comprehensive medical emergency alert system Barry and Kevin Tevis, Oregon Executive Directors <a href="https://www.Facebook.com/bktevis">https://www.Facebook.com/bktevis</a>	503-208-8040
<b>Express Medical Supply</b> 3000 Market St NE Ste. 321, Salem, OR 97301	503-364-9557 F: 503-364-9058
<b>NORCO</b> 2685 Commercial St NE, Salem, OR 97301	503-378-1756 F: 503-763-6242
<b>Numotion</b> 200 Hawthorne Ave SE Ste C340, Salem, OR 97301	503-385-4954
<b>Pacific Medical Supply</b> 1090 Commercial St NE, Salem, OR 97301	503-585-2027
<b>Providence Home Medical Equipment</b> 2508 Pringle Rd SE, Salem, OR 97302	503-585-4027
<b>R&amp;J Mobility Service</b> 155 E St., Independence, OR 97351 <a href="http://www.rjmobilityservice.com">www.rjmobilityservice.com</a>	503-838-5520

## **Senior Centers & Organizations**

### **Marion County**

<b>Center 50+</b> 2615 Portland Rd NE, Salem, OR 97301	503-588-6303
<b>Keizer/Salem Area Seniors</b> 930 Plymouth Dr NE, Keizer, OR 97303	503-390-7441
<b>Mt Angel Community Center</b> 195 E Charles St, Mt Angel, OR 97362	503-845-6998
<b>Silverton Senior Center</b> 115 Westfield St, Silverton, OR 97381	503-873-3093
<b>South Salem Seniors</b> 6450 Fairway Ave, Salem, OR 97306	503-588-0748 F: 503-588-0748

### **Polk County**

<b>Dallas Senior Center</b> 955 SE Jefferson St, Dallas, OR 97338	503-623-8554
<b>Monmouth Senior Center</b> 180 Warren St S, Monmouth, OR 97361	503-838-5678

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**Services for Seniors and Persons with Disabilities**

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**New Horizons In-Home Care** 503-400-3000  
2085 Commercial St. NE  
Salem, OR 97301  
[www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com)



**new horizons**  
in-home care

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**ADT Medical Alert System** 888-593-2289  
[www.adtmedicalalert.com](http://www.adtmedicalalert.com)

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**Aging & Disability Resources Connection (ADRC)** 1-855-673-2372

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**Caring Transitions of Salem** 971-888-7386  
Senior relocation, estate sales, downsizing.  
3245 Felton St. S  
Salem, OR 97302  
[www.caringtransitionsofsalem.com](http://www.caringtransitionsofsalem.com)

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**Garten** 503-581-1984  
Non-Profit organization. Supports people with disabilities.  
Please visit website for more information.  
[www.Garten.org](http://www.Garten.org)

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**Living Independently For Empowerment (LIFE)** 503-468-1203  
1435 Liberty St SE, Salem, OR 97302

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**Medical Alert** 800-800-2537  
[www.medicalalert.com](http://www.medicalalert.com)

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**Medical Guardian** 800-668-9200  
[www.medicalguardian.com](http://www.medicalguardian.com)

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**Moving Made Easy** 503-508-7618  
Oregon Moving Authority Number: 173828  
[www.move-oregon.com](http://www.move-oregon.com)  
[Support@move-oregon.com](mailto:Support@move-oregon.com)

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## ***Services for Seniors, continued***

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### **NorthWest Senior & Disability Services**

NorthWest Senior and Disability Services (NWSDS) offers many programs and services. They include information and assistance, financial and medical help, in-home and community based services, senior meals, senior peer counseling, family caregiver support, options counseling, Medicare counseling, Adult Foster Home licensing, Adult Protective Services, Gatekeeper education, and volunteer opportunities. NWSDS serves Marion, Polk, Yamhill, Clatsop, and Tillamook counties.

503-304-3400  
Toll Free:  
1-866-206-4799

[www.nwsds.org](http://www.nwsds.org)

[information.nwsds@nwsds.org](mailto:information.nwsds@nwsds.org)

Marion County Offices:

3410 Cherry Ave NE, Salem, OR 97309

2100 Progress Way, Woodburn, OR 97071

503-304-3400

503-981-5138

Polk County:

260 NE Kings Valley Hwy, Dallas, OR 97338

503-831-0581  
F: 503-623-5128

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### **Oregon Deaf & Hard of Hearing**

500 Summer St NE Ste E-15, Salem, OR 97301

503-945-5600

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### **Oregon Disabilities Commission**

1-800-282-8096

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### **Philips \*Lifeline**

Lifeline is a personal response service. Lifeline enables people to get help at any time by pushing a button.

888-402-8389

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### **Polk County DD**

182 SW Academy St Ste 204, Dallas, OR 97338

503-831-5969

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### **Queen Bee Organizing**

Corvallis, OR 97330

e-mail: [GetOrganized@QueenBOrganizing.com](mailto:GetOrganized@QueenBOrganizing.com)

[www.QueenBOrganizing.com](http://www.QueenBOrganizing.com)

541-231-6964

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## ***Transportation Services***

### **Marion County**

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#### **Gold Star Transport**

1210 13th St SE, Salem, OR 97302

503-910-2717

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## ***Services for Seniors, continued***

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### **Transit/Cherriots**

Rider Info: 503-588-BUSS

Admin: 503-588-2424

**Carts**..... 503-315-5544

**CherryLift**..... 503-315-5544

888-315-5544

**REDLine**..... 503-315-5544

**RideShare**..... 503-371-7665

**TripLink**..... 503-315-5544

888-315-5544

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**Wheel Community Transportation** 503-585-5187

2782 19th St SE, Salem, OR 97302

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**Willamette Valley Transport** 503-569-7070

1440 13th St SE, Salem, OR 97302

### **Polk**

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**Carts** 503-315-5544

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## ***Veterans Services***

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**Paralyzed Veterans of America** 503-362-7998

3700 Silverton Rd NE, Salem, OR 97305

[www.oregonpva.org](http://www.oregonpva.org)

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**Salem Vet Center** 877-927-8387

2645 Portland Rd NE Ste 250, Salem, OR 97301

503-362-9911

[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

F: 503-364-2534

**Veterans Crisis Line: 800-273-8255 (Press 1)**

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**Veterans Medical Center Shuttle** 503-220-8262

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## ***Support Groups***

Support Groups can be very helpful in offering support, information and education for those facing the challenges associated with aging. Some groups invite guest speakers to address topics relevant to the group's members. Membership is generally open to all who are interested in the group's focus. Location and times are subject to change so please verify time and location with the contact phone number before attending.

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## ***Alzheimer's and Memory Loss Support Groups***

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**Alzheimer's Network of Oregon**

503-364-8100

The Alzheimer's Network is a local non-profit that offers compassionate support and outreach to meet the individual needs of those living with Alzheimer's and other related dementias. We offer education support groups, art and music classes, adult day respite and resources.

2673 12th St. NE, Salem, OR 97302

[www.alznet.org](http://www.alznet.org)

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**Alzheimer's Association-Oregon Chapter**

1-800-272-3900

**Alzheimer's Foundation of America**

866-232-8484

**Salem Support Group at Brookdale**

503-302-7379

503-365-7500

**Alzheimer's Association**800-272-3900

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**ALS (Lou Gehrig's Disease)****ALS Support Group at Salem Hospital**

Call Lance Christian:

3rd Wednesday of every month 3:00-4:30pm

800-681-9851

Located in Bldg. D Community Health Education Center, Classroom #1

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**Willamette Valley Support Group**

Statewide Contact:

2nd Wednesday of every month 3:00-4:30 pm

Lance Christian

Located at Hilyard Community Center

1-800-681-9851 x:101

2580 Hilyard St, Eugene, OR 97405

Willamette Valley

Contact: Mary Rebar

541-990-1246

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**Aphasia Community Support Group****Aphasia Community Support Group  
at Salem Hospital**

Location: Salem Hospital Bldg. D - Community Health Education Center.

Contact: Theresa Robinette:

503-371-3948

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**Caregiver Support Group****Dallas Caregiver Support Group**

866-206-4799

**Family Caregiving Support Program**866-206-4799

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## ***Support Groups, continued***

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**National Alliance for Caregiving**

301-718-8444

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### ***Grief & Bereavement Support Groups***

**Willamette Valley Hospice**

503-588-3600 or

Call 503-588-3600 or visit [wvh.org](http://wvh.org) for questions and dates.

800-555-2431

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Grief Groups for Adults Salem

6 week grief support groups are offered throughout the year.

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Coping with Loss Workshops for Adults - Call for info.

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Creatively Expressing Grief

503-588-3600

2nd Thursday of the month 1:00-2:15 pm  
Willamette Valley Hospice

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Grief Discussion Group

4th Thursday of the month 12:15-1:30 pm  
Willamette Valley Hospice

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The Compassionate Friends

3rd Tuesday of the month 6:30-8:00 pm

503-743-3930

[www.compassionatefriends.org](http://www.compassionatefriends.org)

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### ***Hearing Impaired Support Groups***

**Hearing Loss Association of America, Salem Chapter**

Mary Fagan:  
503-409-5491

Salem Hospital

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### ***Parkinson's Support Groups***

**Parkinson's Information and Education Group**

Bill and Dana:

2nd Tuesday of the month 2:00 pm

503-371-9471

Trinity Covenant Church 5020 Liberty Rd S, Salem, OR

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**Prostate Cancer Support Group**

503-562-4321

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### ***Sleep Apnea***

**Sleep Apnea Support Group at Salem Hospital**

503-561-5170

Community Health Education Center

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### ***Vision Loss Support Group***

**Shared Vision: A vision Loss Support Group**

503-581-4224

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*Support Groups, continued*

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<b>Diabetes Support Services</b>	503-585-1335
<b>Salem Cancer Institute</b>	503-562-4321
<b>Stroke Caregiver Support Group</b>	503-838-6868
<b>Women Heart Support Group</b>	503-902-1151

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## **new horizons in-home care**

Sometimes just a few hours of personal assistance provides enough support for a person to remain in the comfort of their home. When you or someone you love needs assistance to live safely at home, we can help.

***WE PROVIDE COMPREHENSIVE\* IN-HOME CARE SERVICES***

***INCLUDING:***

**Personal, MEDICAL and NON-MEDICAL Assistance**

- Housekeeping
- Meal Preparation
- Personal Care
- Respite for Family
- Companionship and Emotional Support

**FREE, No Obligation, Nursing Assessment.**

**Professional Caregivers, CNAs, LPNs and RNs Available**

**A Leader in Local In-Home Care Services Since 1985.**

***We Are There When You Need Us...***

### **Marion, Polk & Yamhill Counties**

#### **Salem**

2085 Commercial St. NE

Salem, OR 97301

**503-400-3000**

*Serving Salem and surrounding areas.*

### **Linn & Benton Counties**

#### **Corvallis**

1318 NW 9th, Corvallis, OR 97330

**541-752-9059**

*Serving Albany, Corvallis,*

*Lebanon and surrounding areas.*

### **Lane County**

#### **Eugene**

1345 Olive St, Eugene, OR 97401

**541-687-8851**

*Serving Springfield, Cottage  
Grove, and surrounding areas.*

#### **Florence**

398 Hwy 101, Florence, OR 97439

**541-997-8115**

*Serving Mapleton, Reedsport,  
Yachats, and surrounding areas.*

[www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com)

\*2012 State of Oregon In-Home Care Classification: A comprehensive classification is for in-home care companies that can provide "personal care services that may include medication reminding, medication assistance, medication administration and nursing services."



## Home Care Section

Approximately 7 out of 10 deaths each year are a result of a chronic health condition. About 70% of people 65 and older will need long term care in some fashion. By 2050, the number of individuals using paid long-term care services in any setting (e.g. at home, residential care such as assisted living, or skilled nursing facilities) will likely be 27 million people, almost doubling since 2000. This estimate is influenced by growth in the population of older people in need of care. Many of these people will need assistance on a regular basis and they prefer to receive this help in their home or current place of residence. The following information is an overview of some of the home care services available in Marion, Polk and Yamhill counties.



### In-Home Care Agency

- Provides home care services for a fee to an individual and is licensed by the State of Oregon.
- Services can include assistance with tasks of daily living such as house-keeping, meal preparation, errands, transportation, bathing, grooming, hygiene, dressing, toileting, mobility, and medication management.
- Any agency that establishes itself as providing home care services or serves as a link for scheduling caregivers, assigning work, assigning compensation rates, and/or defining working conditions must be licensed in Oregon.
- Independent individuals, volunteers, family members, neighbors, or an agency that only offers housekeeping need not be licensed and is not regulated.
- Caregivers must be at least 18 years of age and be trained and qualified to perform the services which they are providing. A criminal background check is required.
- Some In-Home Care Agencies employ qualified Care Management staff to oversee the services offered by the agency. "Care Management" is a term used when a health care professional such as a nurse or social worker provides an individual with assistance developing and implementing a plan for care.
- Assistance managing and taking medications and other special nursing tasks can be done if supervised by a Licensed Nurse.



## **What is Required of the Home Care Agency?**

- Agency must be licensed by the State of Oregon.
- Disclosure in writing regarding clients rights, what services they offer, the qualification and training of their staff, their charges and a written plan for services.
- A manager is required to be available during all hours that services are provided. Some companies have a live answering service; others use answering machines.
- Agencies are classified by the State of Oregon according to the level of medication and nursing services that they are able to provide. Companies classified as "limited" or "basic" **may not** provide medication administration. Only companies classified as "comprehensive" may provide nursing services.

## **What About Costs?**

- The cost for services is paid for privately by the person in need of services, or may be covered by long-term care insurance policies, DHS (Medicaid), VA, etc.
- Private hourly rates range from about \$20 to \$40 per hour for a caregiver/Certified Nursing Assistant (CNA) depending upon the amount of time contracted for and the services required. Rates for licensed nurses are considerably higher.
- In some cases, Medicaid may be able to pay for some of these services for eligible individuals through the Client-Employed Provider Program (CEP), Oregon Project Independence (OPI) or other Medicaid sponsored programs. To be eligible, a person must have few financial resources, limited monthly income, and significant personal care needs. For eligibility information contact Senior and Disabled Services (SDS), 503-304-3420, or 1-866-206-4799.

## **Before Making a Final Decision**

- Ask to see all documentation relating to the service agreement and review it carefully. Minimum charges, deposits, and cancellation fees may apply.
- Ask how staff is selected, screened for safety and experience, and trained.
- What are the qualifications of the person coordinating the client's care; is there a care manager, or a nurse care manager?
- Ask how client-desired changes in services are managed and whether there is a charge to make changes. Ask how quickly an increase/decrease in services can be arranged.
- Ask how quickly services can start, and whether you may begin receiving services after business hours and/or on weekends.
- Ask if they provide a free in-home nursing assessment and whether it obligates you to begin services and/or make a deposit to do so.





## ***In-Home Care Agencies***

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<b>New Horizons In-Home Care</b> 2085 Commercial St. NE Salem, OR 97301 <a href="http://www.newhorizonsinhomecare.com">www.newhorizonsinhomecare.com</a>	 <b>new horizons</b> in-home care	503-400-3000
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<b>Addus Home Care</b> 142 Glynbrook St N #100, Keizer, OR 97303		503-364-6443
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<b>Amada Senior Care</b> 3000 Market St. NE Ste 528, Salem, OR 97301		503-937-0233
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<b>ComForcare Home Care</b> 3000 Market St NE Ste 536, Salem, OR 97301		503-400-6637
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<b>Comfort Keepers</b> 3000 Market St Plaza NE Ste 513, Salem, OR 97302		503-877-8926
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<b>First Call Home Health Care</b> 2608 Cascadia Industrial St SE, Salem, OR 97302		503-371-4567
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<b>Home Instead Senior Care</b> 2015 25th St SE, Salem, OR 97302 <a href="http://www.homeinstead.com/139">www.homeinstead.com/139</a>		503-361-5477
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<b>Interim Healthcare of Salem</b> 960 Liberty St SE Ste 210, Salem, OR 97302		503-391-4225
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<b>One on One Senior Services</b> Sherry Stevens (In-Home Care) P.O. Box 21632, Keizer, OR 97307 <a href="http://www.OneOnOneSeniorServices.com">www.OneOnOneSeniorServices.com</a>		971-409-2126
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<b>Personal Home Care</b> 1320 Lewis St SE, Salem, OR 97302		503-371-1495
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<b>Salem Home Care</b> 925 SE Commercial St. #10, Salem, OR 97302		503-561-5999
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<b>Senior Helpers</b> 2659 Commercial St SE Ste 270, Salem, OR 97302		503-308-9734
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## ***Home Health***

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<b>First Call Home Home Health</b> 2608 Fairview Industrial Dr SE, Salem, OR 97302		503-371-4567
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<b>Amedisys Home Health Care</b> 3220 State St Ste 100, Salem, OR 97301		503-364-9850
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## Home Health, continued

<b>Providence Benedictine Home Health</b> 570 S Main St, Mt Angel, OR 97362	503-845-9226
<b>Signature Home Health &amp; Hospice</b> 1220 20th St SE #125, Salem, OR 97302	Phone: 503-364-0347
<b>Willamette Valley Providers Home Health</b> 2965 Ryan Dr #100, Salem, OR 97301	503-485-0710
<b>Hospice Care</b>	
<b>Kindred Hospice</b> 2925 River Rd S #100, Salem, OR 97302	503-315-1003
<b>Hospice Care of the Northwest</b> 2290 Commercial St SE #108, Salem, OR 97302	1-877-263-7776
<b>Oregon Hospice Association</b>	888-229-2104 503-228-2104
<b>Providence Benedictine Hospice</b> 540 S Main St, Mt Angel, OR 97362	503-845-6841
<b>Salem Hospital Palliative Care Program</b> 820 Oak St. SE, Bld. C, Salem, OR 97301	503-814-2483
<b>Serenity Hospice &amp; Palliative Care</b> In-home Hospice 6444 Fairway Ave SE, Salem, OR 97306	503-991-5228
<b>Signature Home Health &amp; Hospice</b> 1220 20th St SE #125, Salem, OR 97302	503-364-0347
<b>Willamette Valley Hospice</b> Providing end-of-life care and resources for the mid-valley, including bereavement services, home palliative care services, advance directives workshops, and a unique Transitions program. Transitions Program at Willamette Valley Hospice: Helping individuals and Families cope with a life-limiting illness or know what to expect with a new diagnosis, please call to learn more. 1015 3rd St NW, Salem, OR 97304 <a href="http://www.wvh.org">www.wvh.org</a>	503-588-3600 800-555-2431
<b>Lumina Hospice and Palliative Care</b> <a href="http://www.Luminahospice.com">www.Luminahospice.com</a>	541-757-9616





*Call Any Hour, Any Day 24/7*



## **new horizons in-home care**

*At New Horizons we offer a range of services that provide the care and support needed to maximize a persons independence. We serve people wherever they live, including retirement communities, assisted living apartments, nursing facilities, hospitals, and more.*

### **Marion, Polk and Yamhill Counties**

#### **Salem**

2085 Commercial St. NE  
Salem, OR 97301  
**503-400-3000**

*Serving Salem and surrounding areas.*

### **Linn & Benton Counties**

#### **Corvallis**

1318 NW 9th, Corvallis, OR 97330  
**541-752-9059**

*Serving Albany, Corvallis,  
Lebanon and surrounding areas.*

### **Lane County**

#### **Eugene**

1345 Olive St, Eugene, OR 97401  
**541-687-8851**

*Serving Springfield, Cottage  
Grove, and surrounding areas.*

#### **Florence**

398 Hwy 101, Florence, OR 97439  
**541-997-8115**

*Serving Mapleton, Reedsport,  
Yachats, and surrounding areas.*

[www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com)



# Retirement and Continuing Care Retirement Communities

The Marion and Polk Counties area is host to many senior living apartments and communities offering housing options for those over 55. In addition to housing options, some communities offer meals, housekeeping, organized activities and transportation.



Retirement Centers are generally rented or leased on a month to month commitment. Continuing Care Retirement Communities require an entry fee and offer nursing and assisted care when needed.

- For people who desire to and are able to live independently and no longer want to maintain a home.
- There are no regulations or licensure requirements for retirement communities.
- Some retirement units are on a campus with licensed care facilities.
- A Continuing Care Retirement Community offers additional long-term care options which have regulations and license oversight.
- Cost in a retirement and continuous care retirement community varies greatly depending upon the accommodations, meals offered (if any) and other amenities.
- Retirement options in Marion and Polk Counties range from \$575 per month to over \$10,000 per month.
- There are several HUD Section 8 housing complexes that are subsidized housing complexes for low-income seniors.

## ***Before Making a Final Decision***

- Ask to see all documentation relating to the residency agreement and review it carefully. Pricing structures will vary depending upon what if any additional services are available.
- Supportive services, if offered at all, are not regulated and generally are restricted to meals, housekeeping, transportation and activities.



## ***Retirement & Continuing Care***

### **Dallas**

**Ceres Gleann 55+ Active Adult Community in Dallas** 503-831-1051  
PO Box 5343, Salem, OR 97304

**Dallas Retirement Village Apartments** 503-623-5581  
310 W Ellendale Ave, Dallas, OR 97338

**Dallas Retirement Village Garden Homes** 503-623-5581  
377 NW Jasper St, Dallas, OR 97338

**Ellendale Residential Care** 503-623-3709  
511 E Ellendale Ave, Dallas, OR 97338

### **Keizer**

**Avemere Court at Keizer** 503-393-3624  
5210 River Rd N, Keizer, OR 97303

**Bonaventure at Keizer Station** 503-689-8084  
5525 Mclead Lane NE, Keizer, OR 97303

**Emerald Pointe Retirement** 503-390-7700  
1125 Mcgee Ct NE, Keizer, OR 97303

**Western Village 55+ Community** 503-585-6176  
362 River Rd S #125, Keizer, OR 97303

**Willamette Lutheran Retirement Community** 503-393-1491  
7693 Wheatland Rd N, Keizer, OR 97303

### **Mt Angel**

**Grandview in Mt. Angel** 503-845-2222  
13823 Marquan Rd., Mt. Angel, OR 97362

**Mount Angel Towers** 503-845-7211  
One Towers Ln #2120, Mt Angel, OR 97362

### **Monmouth**

**Brookdale Monmouth** 503-389-8092  
504 Gwinn St E, Monmouth, OR 97361

### **Salem**

**Bonaventure of Salem** 503-480-0004  
3411 Boone Rd SE, Salem, OR 97301

**Capital Manor - Towers & Townhomes** 503-967-3086  
1955 Dallas Hwy NW, Salem, OR 97317

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## *Retirement & Continuing Care, continued*

<b>Englewood East</b> Independent Living 62+ 3140 Tess Ave NE, Salem, OR 97301	503-373-3805
<b>Gibson Creek by Bonaventure</b> 1615 Brush College Rd NW, Salem, OR 97304	971-600-2050
<b>Hidden Lakes</b> 400 Madrona Ave SE Salem, OR 97302	503-588-2922
<b>Jason Lee Manor</b> Jason Lee Manor is a non-profit 75 unit retirement community Sponsored by The United Methodist Retirement Center (UMRC) Which offeres H.U.D Section 8 Rental Assistance Program, (sliding Scale rent). Independent living only. 1625 Center St NE, Salem, OR 97301	503-585-6511 F: 503-585-8775
<b>Lancaster Village</b> 4138 Market St NE, Salem, OR 97301	503-364-3383
<b>Madrona Hills</b> 707 Madrona Ave SE Salem, OR 97302	503-683-7265
<b>Providence Place</b> 3524 Fisher Rd NE, Salem, OR 97305	503-363-9640
<b>Salemtowne</b> 2900 Oakcrest Dr NW, Salem, OR 97304	503-363-4729
<b>Sapphire at Applewood</b> 309 Lancaster Dr NE, Salem, OR 97301 <a href="http://www.applewoodretirement.com">www.applewoodretirement.com</a>	503-588-1022
<b>The Ridge at Madrona Hills</b> 660 Ratcliff Dr SE, Salem, OR 97302	503-362-9141
<b>The Springs At Sunnyview Independent Living</b> 1950 45th Ave NE, Salem, OR 97305	503-589-1200
<b>Tierra Rose Care Center</b> 4254 Weathers St NE, Salem, OR 97301	503-585-4602
<b>Stayton</b>	
<b>Brookdale Stayton</b> 2201 3rd Ave, Stayton, OR 97383	503-769-3200
<b>Sublimity</b>	
<b>Marian Estates</b> 390 SE Church St, Sublimity, OR 97385	800-440-2669 503-769-3499

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*Retirement & Continuing Care, continued*

<b>Turner</b>	
<b>Turner Retirement Homes</b> 5405 Boise St SE, Turner, OR 97392	503-743-2490
<b>Woodburn</b>	
<b>Cascade Park Retirement Center</b> 950 N Cascade Dr, Woodburn, OR 97071	503-981-0033
<b>Country Meadows Village</b> 155 S Evergreen Rd, Woodburn, OR 97071 <a href="http://www.CountryMeadowsVillage.com">www.CountryMeadowsVillage.com</a>	503-982-2221
<b>Emerald Gardens Senior Living</b> 1890 Newburg Hwy, Woodburn, OR 97071 <a href="http://www.EGSeniorLiving.com">www.EGSeniorLiving.com</a>	503-982-4000
<b>Hazelwood Village</b> 675-955 Carol St, Woodburn, OR 97071 <a href="http://www.EGSeniorLiving.com">www.EGSeniorLiving.com</a>	503-373-4448
<b>Senior Estates Golf &amp; Country Club</b> Residential Community for Adults 55+ 1776 Country Club Rd, Woodburn, OR 97071	503-982-1776

**NOTES**

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*Call Any Hour, Any Day 24/7*



**new horizons  
in-home care**

**A**t New Horizons we offer a variety of services that provide the care and support needed to maximize a person's independence. A New Horizons caregiver can enhance a person's foster home experience by providing special outings and activities.

Our staff has passed a thorough screening including reference verification, a criminal background check, and drug screening.

Call us anytime for a Free Consultation and Nursing Assessment. We will provide answers to your questions and assist you in making an informed decision.

**Marion, Polk and Yamhill Counties**

**Salem**

2085 Commercial St. NE

Salem, OR 97301

**503-400-3000**

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*Serving Mapleton, Reedsport,  
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[www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com)



## Adult Foster Homes

Marion & Polk Counties have over 50 Adult Foster Homes (AFH) which offer care and services to people in a private residence. AFH's are licensed, inspected and monitored by the Department of Human Services, Seniors and People with Disabilities and Area Agency on Aging offices.



- Providers and primary caregivers must pass a criminal record check, complete a basic training course and pass an exam. They must also be physically and mentally able to provide care.
- The home must meet structural and safety requirements.
- Generally, the owner or resident manager lives in the home and is directly involved in the residents' care and socialization. Ask what activities are provided for the residents.
- In addition to companionship in a home-like setting, services in an Adult Foster Home include meals, assistance with medications and personal care needs such as bathing, dressing, grooming and hygiene.
- The cost for services in an Adult Foster Home vary depending upon the type of care that is needed, the accommodations offered, the location of the home and the qualifications of the provider.
- The contract includes the services to be provided and the rate to be charged, conditions under which the rates can be changed, policies on refunds and any charges for storage of belongings.
- Prices range from about \$500 to over \$5000 per month.

### ***Before Making a Final Decision***

- Ask to see all documentation relating to the residency agreement and review it carefully.
- Pricing structures will vary depending upon the location of the home, qualifications of the provider, and the amount of supportive staff that assist with the care in the home.
- The list of licensed Marion & Polk County adult foster homes is updated on an ongoing basis online at [www.ocwcog.org](http://www.ocwcog.org). Once you have narrowed your choices, there are public disclosure files at Senior & Disabled Services which you can review in person.



**Adult Foster Homes**

**Aumsville**

**AJK Care Homes** 503-749-1526 • Level 2  
 Annette Read • Private Pay & Medicaid  
 680 Locust St.,  
 Aumsville, OR 97325

**Oak Valley Farms INC.** 503-749-2710 • Level 2  
 Nikki Wright • Private Pay & Medicaid  
 10752 Leverman Rd SE,  
 Aumsville, OR 97325

**Oak Valley Farms INC.** 503-749-2710 • Level 2  
 Nikki & Robert Wright • Private Pay & Medicaid  
 10772 Leverman Rd SE,  
 Aumsville, OR 97325

**Wanda Appleton** 503-749-4087 • Level 2  
 6581 Peter Rd SE, • Private Pay & Medicaid  
 Aumsville, OR 97325

**Dallas**

**Dorothy Hartley's Adult Foster Home** 503-623-8407 • Level 2  
 Dorothy Hartley • Private Pay & Medicaid  
 664 Orchard Dr,  
 Dallas, OR 97338

**L & L Adult Foster Home, LLC** 503-623-8976 • Level 2  
 Marlene Padgett • Private Pay & Medicaid  
 147 NW Douglas St,  
 Dallas, OR 97338

**Our Redeemer's Care** 503-831-0096 • Level 2  
 Dawn & Larry Waddell • Private Pay & Medicaid  
 351 SW Birch St, • Christian Based Home  
 Dallas, OR 97338

**Pacific Northwest Care Corp.** 503-623-4442 • Level 2  
 Lisa Clubb • Private Pay & Medicaid  
 588 SE Walnut Ave,  
 Dallas, OR 97338

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## Adult Foster Homes, continued

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<b>Zoe Adult Foster Care</b> Merlita Alleman 1244 SE Godsey Rd, Dallas, OR 97338	503-751-1394	• Level 2 • Private Pay & Medicaid
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<b>Zoe Adult Foster Care</b> Merlita Alleman & Eddis Alleman 315 Ironwood Ave, Dallas, OR 97338	503-420-4192	• Level 2 • Private Pay & Medicaid
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### Gervais

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<b>Juan T. Ruiz Care Home</b> Juan T Ruiz 837 Lantana Ln NE, Gervais, OR 97026	503-792-3283	• Level 2 • Private Pay & Medicaid
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<b>Karen Place</b> 12398 Portland Rd, Gervais, OR 97026	503-792-7042	• Level 2 • Private Pay & Medicaid
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<b>The Reagan Home Adult Foster Care</b> Loretta Reagan 847 Lantana Ln, Gervais, OR 97026	503-792-3806	• Level 2 • Private Pay & Medicaid
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### Independence

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<b>Independence Specialized Care, LLC</b> Jason Borzy 1125 S 4th St, Independence, OR 97351	503-838-0173	• Level 2 • Private Pay & Medicaid • Neurological Only
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<b>Maplewood Care Home, LLC</b> Gayle Rowland 1323 C St, Independence, OR 97351	503-838-2747	• Level 2 • Private Pay & Medicaid
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### Jefferson

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<b>Parkside AFH</b> Cheryl Whittington 3523 Jefferson-Marion Rd, Jefferson, OR 97352	541-378-7587	• Level 3 • Private Pay & Medicaid
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### Keizer

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## Adult Foster Homes, continued

<b>Adoracion Adult Foster Home</b> Elenita (Ellen) Tompkins 7460 O'Neil Rd NE, Keizer, OR 97303	503-580-9241	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Sweet Bye-N-Bye</b> Angela Estrada 4072 Brooks Ave NE, Keizer, OR 97303	503-871-8629	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay</li></ul>
<b>Brenda's Care Home</b> Brenda Torres 4754 18th Ave NE, Keizer, OR 97303	503-390-2771	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li><li>• No Pets</li><li>• Smoking OK</li><li>• Wheelchair Accessible</li></ul>
<b>Golden Years</b> Susan Pawlowski 632 Cummings Ln N, Keizer, OR 97303	503-393-3272	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Hope Ranch Adult Foster Care, INC.</b> Valentina Brichuk 1098 Clearview Ave NE, Keizer, OR 97303	503-581-7723	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li><li>• No Smoking</li></ul>
<b>Larisa Kravchuk Adult Foster Home, LLC</b> Larisa Kravchuk 805 Fir Cone Dr NE, Keizer, OR 97303	503-463-6508	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Coral Care Home</b> Coral Andrew 4802 Noren Ave NE, Keizer, OR 97303	503-991-5473	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Apple Blossom Manor</b> Sharon Cook 289 Apple Blossom Ave N, Keizer, OR 97303	Phone: 971-273-7188  Fax: 503-463-7244	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay</li></ul>

## Monmouth

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## Adult Foster Homes, continued

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**Kaymora Adult Foster Home** 503-838-1476 • Level 2  
Della Katon & Malinda Mora • Private Pay & Medicaid  
531 Craven St N,  
Monmouth, OR 97361

### Salem

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**Abba's Love Adult Foster Care Home** 503-339-7922 • Level 2  
Junior Karmel • Private Pay & Medicaid  
4285 Amherst Ct NE,  
Salem, OR 97305

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**Admila Adult Foster Home** 503-540-5814 • Level 2  
Valentina Vityukov • Private Pay & Medicaid  
1610 Church St NE,  
Salem, OR 97301

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**Amazing Grace Care Homes** 503-999-8159 • Level 2  
Sherri Jemison • Private Pay  
325 Silver Hills Circle SE, • No Pets  
Salem, OR 97306

[www.AmazingGracecareHomes.com](http://www.AmazingGracecareHomes.com)

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**Amazing Grace Care Homes** 503-999-8159 • Level 2  
Sherri Jemison • Private Pay  
1195 Barnes Ave. SE, • No Pets  
Salem, OR 97306 [www.AmazingGracecareHomes.com](http://www.AmazingGracecareHomes.com)

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**Amazing Grace Care Homes** 503-999-8159 • Level 2  
Sherri Jemison • Private Pay  
1185 Barnes Ave. SE, • No Pets  
Salem, OR 97306 [www.AmazingGracecareHomes.com](http://www.AmazingGracecareHomes.com)

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**Amazing Grace Care Homes** 503-999-8159 • Level 2  
Sherri Jemison • Private Pay  
1205 Barnes Ave. SE, • No Pets  
Salem, OR 97306 [www.AmazingGracecareHomes.com](http://www.AmazingGracecareHomes.com)

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**American Dream Care Home, LLC** 503-393-2202 • Level 2  
• Private Pay & Medicaid  
Iryna Shcheglyak  
1096 Hoffman Rd NE,  
Salem, OR 97301

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## Adult Foster Homes, continued

<b>Arbor Home Care</b> Ana Snegireff 4722 Oak Park Dr NE, Salem, OR 97305	503-584-1631	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay</li></ul>
<b>Baer Care LLC</b> Peter & Evalena Baer 1283 Woodacre Dr SE, Salem, OR 97302	503-880-6375	<ul style="list-style-type: none"><li>• Level 1</li><li>• Private Pay &amp; Medicaid</li><li>• No Pets</li><li>• No OMMP</li><li>• No Smoking</li></ul>
<b>Belle Vista Care Home</b> Cristina Vasco-Szabo 4051 Alderbrook Ave SE, Salem, OR 97302	503-363-2911	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Berry Care</b> Rachenda Reynosa 1665 Berry St SE, Salem, OR 97302	503-551-3567	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Bethesda Adult Foster Home</b> Michael & Tanya Arnautov 4330 Monroe Ave NE, Salem, OR 97301	503-391-4706	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Bianca Ibanez</b> 3285 Glendale Ave NE, Salem, OR 97301	503-581-6870	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Ankeny Hill Manor</b> Bonita & Clifford Sabin 10052 Lake Dr SE, Salem, OR 97306	503-581-3500	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Caring Homes Plus, LLC</b> Aria Dewilde 1475 Sandstone Ct S, Salem, OR 97306	503-931-1886	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Caring Homes Plus, LLC</b> Aria Dewilde & Delia Delgado 451 Eagle Feather St NW, Salem, OR 97304	503-931-1886	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay</li></ul>

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## Adult Foster Homes, continued

<b>Celebrate Today</b> Veronica Garcia 5664 Moonstone Lp SE, Salem, OR 97306	503-585-3363	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Cozy Cottage</b> Colleen Thompson 5540 8th Ave SE, Salem, OR 97306	503-581-7515	<ul style="list-style-type: none"> <li>• Level 1</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Country Meadow Care Adult Foster Home</b> Tina Alagoz 4618 Indiana Ave NE, Salem, OR 97305	503-391-8809	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Elliot Care Home</b> Juan Coronado 2345 Myrtle Ave NE, Salem, OR 97301	503-585-1460	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Medicaid</li> <li>• No OMMP</li> </ul>
<b>Edward F. Tokarski Home</b> Sharon Norton Willamette Valley Hospice 1020 Elm St NW, Salem, OR 97304	503-779-2305	<ul style="list-style-type: none"> <li>• Level 3</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Golden Care Adult Foster Home</b> Titus Madlangbayan 380 Stellers Eagle St NW, Salem, OR 97304	503-391-7249	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Golden Years Senior Home</b> Janice Womack 5786 59th Ct SE, Salem, OR 97317  <i>Private rooms on 2 Acres built in 2001 and ½ mile from Kuebler. Fax information to 503-585-8759.</i>	503-585-8723	<ul style="list-style-type: none"> <li>• Level 1 &amp; 2</li> <li>• Private Pay &amp; Medicaid</li> <li>• No Pets</li> <li>• Tablets only OMMP</li> <li>• Both Genders</li> </ul>
<b>Guardian Angel AFH</b> Tina Larson 175 Friendship Ave SE, Salem, OR 97302	503-378-7313	<ul style="list-style-type: none"> <li>• Level 2 W/ 3 Exceptions</li> <li>• Private Pay &amp; Medicaid</li> <li>• No OMMP</li> </ul>
<b>Hazelgreen Senior Living, LLC</b> Kevin Francke 1360 Clay St NE, Salem, OR 97301	503-409-0192	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>

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## Adult Foster Homes, continued

<b>House on Haven Hill</b>	503-930-2603	<ul style="list-style-type: none"> <li>• Level 3</li> <li>• Private Pay &amp; Long Term Care Insurance</li> <li>• Seniors and People with Disabilities &amp; Developmental Disabilities</li> <li>• No Pets</li> <li>• No Smoking</li> </ul>
<p>Nancy A Walton RN 555 Misty Hill Ln SE, Salem, OR 97306</p> <p>www.Houseonhavenhill.com Houseonhavenhill@gmail.com</p>		
<b>House of Troy, LLC</b>	503-409-5555	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p>Charlene Sikel 4598 Ward Dr NE, Salem, OR 97305</p>		
<b>Love and Hope Adult Foster Home</b>	503-371-2874	<ul style="list-style-type: none"> <li>• Level 3</li> <li>• Private Pay &amp; Medicaid</li> <li>• No Pets • No OMMP</li> <li>• Wheel Chair Accessible</li> <li>• One Level Home</li> </ul>
<p>Doreti Tusse 1471 Jonmart Ave SE, Salem, OR 97306</p>		
<b>Jan's Care Home</b>	503-581-1217	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> <li>• No Smoking</li> <li>• No Pets • No OMMP</li> <li>• Special Diets</li> </ul>
<p>Jan &amp; Jon Martinez 4415 Lone Oak Rd SE, Salem, OR 97302</p>		
<b>Jelden House</b>	503-399-0501	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p>Nina Wilk 2215 Jelden St NE, Salem, OR 97301</p>		
<b>Kindred Hearts Care Home</b>	503-409-8030	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> <li>• OMMP Pill Only</li> <li>• Mental Health License</li> </ul>
<p>David &amp; Lynn Bartlett 276 44th Ave SE, Salem, OR 97317</p>		
<b>Kindred Hearts Care Home</b>	503-409-8030	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> <li>• OMMP Pill Only</li> <li>• Mental Health License</li> </ul>
<p>David &amp; Lynn Barlett 4114 Barrett St SE, Salem, OR 97302</p>		
<b>Kindred Hearts Care Home</b>	503-409-8030	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> <li>• No Pets</li> <li>• OMMP Pill Only</li> <li>• Mental Health License</li> </ul>
<p>David &amp; Lynn Barlett 4286 Camellia Dr S, Salem, OR 97302</p>		

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**Adult Foster Homes, continued**

<p><b>Kindred Hearts Care Home</b> David &amp; Lynn Barlett 635 Foxglove St S, Salem, OR 97306</p>	503-409-8030	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> <li>• No OMMP</li> </ul>
<p><b>Kristen Preston</b> 242 Idell Ct, Salem, OR 97302</p>	503-363-1864	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Living Word Estates, LLC</b> Clara Harris 4322 Oregon Trail Ct NE, Salem, OR 97305</p>	503-856-9186	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Lone Fir Care Home</b> Glen Watson 2505 Brown Rd. NE, Salem, OR 97305</p>	503-871-7385	<ul style="list-style-type: none"> <li>• Level 1</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Mark Pallas</b> 444 63rd Ave NE, Salem, OR 97317</p>	503-399-9002	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay</li> </ul>
<p><b>Mary Care Home</b> Mary Gilds 4480 Lone Oak Rd SE, Salem, OR 97302</p>	503-881-0765	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Mirna Padilla</b> 4323 Sylvia Ct SE, Salem, OR 97317</p>	503-375-7772	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Over the Rainbow Care Home</b> Gary Lee 2774 Odessa Ln NE, Salem, OR 97301</p>	503-999-8448	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Over the Rainbow Care Home</b> Gary Lee 2784 Odessa Ln NE, Salem, OR 97301</p>	503-999-8448	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<p><b>Paradise Home Care</b> Lucia Ionita 7351 Macleay Rd SE, Salem, OR 97317</p>	503-589-1100	<ul style="list-style-type: none"> <li>• Level 3</li> <li>• Private Pay &amp; Medicaid</li> </ul>

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## Adult Foster Homes, continued

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<b>Perfect Love and Care</b> Monique Harris 4773 Whitman Cir NW, Salem, OR 97305	503-304-2273	• Level 2 • Private Pay & Medicaid
<b>Premier Care Homes</b> Janell LeForce & Margie Hibner 2233 Juneau Ct. S, Salem, OR 97302	503-798-5610  <a href="http://www.PremierCareHomes.net">www.PremierCareHomes.net</a>	• Level 2 • Private Pay
<b>Premier Care Homes</b> Janell LeForce & Margie Hibner 1270 Madrona Ave S, Salem, OR 97302	503-798-5610  <a href="http://www.PremierCareHomes.net">www.PremierCareHomes.net</a>	• Level 2 • Private Pay
<b>Premier Care Homes</b> Janell LeForce & Margie Hibner 4322 Trapper Dr NE, Salem, OR 97302	503-798-5610  <a href="http://www.PremierCareHomes.net">www.PremierCareHomes.net</a>	• Level 1 • Private Pay
<b>Quality Care Homes, LLC</b> Scott Leavell 2336 Baxter Rd SE, Salem, OR 97306	901-326-3521	• Level 2 • Private Pay & Medicaid
<b>Riverdale House</b> Jon Steel-Miller 486 Winding Ct SE, Salem, OR 97302	503-363-6179	• Level 2 • Private Pay & Medicaid
<b>Roger Aburto</b> 5040 Barnes Ct SE, Salem, OR 97306	503-371-1626	• Level 2 • Private Pay & Medicaid
<b>Sage Adult Foster Home, LLC</b> Amelie Noel 4235 Wheat Ct NE, Salem, OR 97305	503-758-3194	• Level 2 • Private Pay & Medicaid
<b>Sherri's Care Home</b> Sherri Toribio 1900 Fairmount Ave S, Salem, OR 97302 "25yrs Experience"	503-371-9566	• Level 2 • Private Pay & Medicaid • No OMMF

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## Adult Foster Homes, continued

<b>Skyway Heavenly Homes</b> Connie Robinson 2730 Fisher Rd NE, Salem, OR 97305	503-581-6330	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Valley Care Adult Foster Home</b> Marimea Bodunov 2567 Fisher Rd NE, Salem, OR 97305	971-338-8501	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Vernon (Mike) Coleman</b> 8520 Aumsville Hwy SE, Salem, OR 97317	503-749-1357	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Wheelin' Angels</b> Merrilyn "Sue" Lee 4539 47th Ave NE, Salem, OR 97305	503-393-2958	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Windflower Estates</b> Kathy Johnson 1085 Kathy Wy S Salem, OR 97306	503-559-4104	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay</li> </ul>
<b>Windflower Estates</b> 4919 Flintlock Dr. NE Salem, OR 97305	503-581-0393	<ul style="list-style-type: none"> <li>• Level 2</li> <li>• Private Pay</li> </ul>
<b>Windsor Place Inc. - Windsor House</b> Susan Hunter 3001 Windsor Ave NE, Salem, OR 97301	503-581-0393	<ul style="list-style-type: none"> <li>• Level 3</li> <li>• Private Pay &amp; Medicaid</li> </ul>
<b>Windsor Place Inc. - Windsor House</b> Susan Hunter 3005 Windsor Ave NE, Salem, OR 97301	503-581-0393	<ul style="list-style-type: none"> <li>• Level 3</li> <li>• Private Pay &amp; Medicaid</li> </ul>

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## Adult Foster Homes, continued

<b>Windsor Place Inc. - Windsor House</b> Susan Hunter 3009 Windsor Ave NE, Salem, OR 97301	503-581-0393	<ul style="list-style-type: none"><li>• Level 3</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Young at Heart Adult Foster Care</b> Alesha & Eric Ault 1870 Walker Rd NE, Salem, OR 97305	503-689-4964	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li><li>• No Pets</li><li>• No OMMMP</li><li>• Smoking Outside</li></ul>
<b>Silverton</b>		
<b>Hovland's Care Home</b> Gayla Hovland 17633 Powers Creek Lp NE, Silverton, OR 97381	503-873-2305	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Lone Oaks Care Home Inc.</b> Dee Humphries 331 Lone Oaks Lp, Silverton, OR 97381	503-873-7116	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay</li></ul>
<b>Lone Oaks Care Home Inc.</b> Dee Humphries 607 Lone Oaks Lp, Silverton, OR 97381	503-873-6240	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay and Medicaid</li></ul>
<b>Stayton</b>		
<b>Open Arms Adult Care LLC</b> Erin Wheeler - McKenzie 1637 Hummingbird Ln, Stayton, OR 97383	503-769-3040	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Guadalupe Aburto</b> 560 Mill Stream Woods, Stayton, OR 97383	503-767-6200	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Mountain Creek Care Home</b> Paola Salinas 550 Millstream Woods, Stayton, OR 97383	503-767-6300	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
<b>Sublimity</b>		

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## Adult Foster Homes, continued

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<b>Marcey's Place LLC</b> Dianne Hager & Larry Etzel 1150 NE Magnolia Ave, Sublimity, OR 97385	503-769-1313	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li><li>• No Smoking</li><li>• No Pets</li><li>• No OMMP</li></ul>
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### Turner

<b>Camelias Place, LLC</b> Camelia Nauta 2738 Maranatha Ct SE, Turner, OR 97392	503-391-2920	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
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### Woodburn

<b>Country Meadow Care Adult Foster Home</b> Tina Alagoz 863 Meadowvale Ln, Woodburn, OR 97071	503-557-4622	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
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<b>Helping Hands Foster Home</b> Enriqueta Arceo 389 Ben Brown Ln, Woodburn, OR 97071	503-982-0381	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
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<b>Beverly Rose Davis AFH</b> 197 Heritage Ct, Woodburn, OR 97071	503-982-8771	<ul style="list-style-type: none"><li>• Level 3</li><li>• Private Pay &amp; Medicaid</li></ul>
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<b>Rhonda Kahee</b> 1534 Aztec Dr, Woodburn, OR 97071	503-989-1463	<ul style="list-style-type: none"><li>• Level 2</li><li>• Private Pay &amp; Medicaid</li></ul>
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## Assisted Living Communities

An Assisted Living Community provides housing and supportive services in an apartment type setting. Each apartment has a kitchenette and private bathroom with a handicap accessible shower. Size can range from a studio to one or two bedrooms. Assisted Living Communities are licensed and regulated by the Department of Human Services, Seniors and People with Disabilities.



- Offers assistance to residents in performing all activities of daily living such as personal care, medication management, laundry, housekeeping, and meals.
- Generally a Registered Nurse is on staff or contract to provide intermittent health services.
- Ask for their Disclosure Statement which is completed on a State of Oregon form. The community will provide you with a copy of their latest survey upon request.
- Review the Residency Agreement which will include the terms of occupancy, basic rental rate and what it includes, the cost and availability of additional services, deposits and fees if applicable, policy on rate changes, refunds and prorating conditions, the resident rights and responsibilities, and their system for packaging medications.
- Base rents range from about \$2000 per month for a studio to over \$5000 per month for larger units with additional charges depending upon the type and amount of care that is needed.
- Ask to see their calendar of resident activities.

You can also find a listing of all licensed facilities and view ownership and other information by visiting the Oregon Department of Human Services, Seniors and People with Disabilities website at:

**[www.dhs.state.or.us/spwpd/ltc/ltc\\_guide/map.cfm](http://www.dhs.state.or.us/spwpd/ltc/ltc_guide/map.cfm)**

### ***Before Making a Final Decision***

Ask to see all documentation relating to the residency agreement and review carefully. Pricing structures will vary depending upon what, if any, additional services are available. When comparing costs, be sure to review the pricing structure for any additional services that will be needed.



## ***Assisted Living***

### **Dallas**

#### **Dallas Retirement Village & Assisted Living**

340NW Brentwood St., Dallas, OR 97338

503-831-0278

377 NW Jasper St, Dallas, OR 97338

503-623-5581

### **Keizer**

#### **Bonaventure at Keizer Station**

503-689-8084

55525 Mclead Lane NE, Keizer, OR 97303

[www.brookdale.com](http://www.brookdale.com)

#### **Brookdale River Road**

503-463-4060

592 Bever Dr NE, Keizer, OR 97303

[www.brookdale.com](http://www.brookdale.com)

#### **The Village at Keizer Ridge**

503-390-1300

1165 McGee Ct NE, Keizer, OR. 97303

### **Monmouth**

#### **Brookdale Monmouth**

503-838-6850

504 Gwinn St E, Monmouth, OR 97361

### **Mt Angel**

#### **Providence Benedictine - Orchard House**

503-845-2544

550 S Main St, Mt Angel, OR 97362

### **Salem**

#### **Bonaventure of Salem**

503-480-0004

3411 Boone Rd. SE, Salem, OR 97317

#### **Cedar Village Assisted Living & Memory Care**

503-390-9600

4452 Lancaster Dr NE, Salem, OR 97305

#### **Farmington Square Salem**

503-715-0727

960 Boone Rd SE, Salem, OR 97306

#### **Gibson Creek by Bonaventure**

503-361-8599

1615 Brush College Rd NW, Salem, OR 97304

#### **Lancaster Village Assisted Living**

503-364-3383

4148 Market St NE, Salem, OR 97301

4156 Market St NE, Salem, OR 97301

#### **Meadow Creek Village Assisted Living**

503-375-9732

3988 12th St. SE, Salem, OR 97302

F: 503-375-2144

*Accepts Medicaid*

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## *Assisted Living, continued*

<b>Prestige Senior Living Southern Hills</b> 4795 Skyline Rd S, Salem, OR 97306 <a href="http://www.prestigecare.com">www.prestigecare.com</a>	503-378-7499
<b>Prestige Senior Living Orchard Heights</b> 695 Orchard Heights Rd NW, Salem, OR 97304	503-566-9052
<b>Regency Woodland</b> 4710 Sunnyside Rd SE, Salem, OR 97302 <i>Email: <a href="mailto:marketing@regencywoodland.com">marketing@regencywoodland.com</a></i>	503-364-1355
<b>Redwood Heights</b> 4050 12th St Cutoff SE, Salem, OR 97302 <a href="http://www.redwoodheightsseniorliving.com">www.redwoodheightsseniorliving.com</a>	503-540-0822
<b>The Ridge at Madrona Hills</b> 660 Ratcliff Dr SE, Salem, Oregon 97302	503-362-9141
<b>The Woods At Willowcreek</b> <i>Assisted Living and Memory Care</i> 4398 Glencoe St NE, Salem, OR 97301	503-581-4239
<b>Silverton</b>	
<b>Davenport House</b> 930 Oak St, Silverton, OR 97381	503-873-7162
<b>Stayton</b>	
<b>Brookdale Stayton</b> 2201 3rd Ave, Stayton, OR 97383	503-769-3200
<b>Sublimity</b>	
<b>Marian Estates~Elliott Residence/McKillop Residence</b> 390 SE Church St, Sublimity, OR 97385	503-769-3499
<b>Woodburn</b>	
<b>Cascade Park</b> 950 N Cascade Dr, Woodburn, OR 97071	503-981-0033
<b>Country Meadows Village</b> 155 S Evergreen Rd, Woodburn, OR 97071 <i>Accepts Medicaid</i> <i><a href="mailto:marketing@countrymeadowsvillage.com">marketing@countrymeadowsvillage.com</a></i>	866-219-9564
<b>Silver Creek Senior Living</b> 703 Evergreen Rd, Woodburn, OR 97071 <i>Our mission is to provide an enriched and meaningful Experience to our residents, team members and Community partners. – Frontier Management, LLC</i> <i>Email: <a href="mailto:marketing@silvercreekal.com">marketing@silvercreekal.com</a></i>	503-981-4142



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# Residential and Memory Loss Care Communities



A Residential Care Community provides housing and supportive services for six or more people who don't need 24 hour nursing care. Communities vary greatly in their design and size. In some cases, a Residential Care Community may be part of another type of community and/or offer various "levels" of care on the same campus.

- Offers assistance to residents in performing all activities of daily living such as personal care, medication management, laundry, housekeeping, and meals.
- Generally, a Registered Nurse is on staff or under contract to provide intermittent health services such as healthcare assessments and periodic monitoring of resident's health status.
- Ask for their Disclosure Statement which is completed on a State of Oregon form. The community has a legal obligation to provide a disclosure of their facility's policies to the prospective residents. The facility will provide you with a copy of their latest survey upon request.
- Review the Residency Agreement which will include important information on the terms of occupancy, basic rental rate and what it includes, the cost and availability of additional services, deposits and fees if applicable, policy on rate changes, refunds and prorating conditions, the resident rights and responsibilities, and their system for packaging medications.
- Base rents will range from about \$3000 per month for a shared room to over \$4000 for a private suite with additional charges depending upon the type and amount of care that is needed.

## **About Memory Loss Care**

Some Residential Care Communities offer specialized care for persons with memory loss, Alzheimer's disease, or other forms of dementia.



- Additional regulations are specifically designed to support persons with memory loss.
- Provides enhanced activities, security, and specially-trained staff.
- Base rents will range from \$3500 per month to over \$5000 per month based on the accommodations and the amount of care required.

You can also find a listing of all licensed facilities and view ownership and other building information by visiting the Oregon Department of Human Services, Seniors and People with Disabilities website at: [www.dhs.state.or.us/spwpd/ltc/ltc\\_guide/map.cfm](http://www.dhs.state.or.us/spwpd/ltc/ltc_guide/map.cfm).

### **Before Making a Final Decision**

Ask to see all documentation relating to the residency agreement and review them carefully. Pricing structures will vary depending upon what, if any, additional services are available. When comparing costs, be sure to review the pricing structure for additional services that will be needed.

### **Residential & Memory Care Facilities**

#### **Dallas**

**Blue Haven** 503-623-0300  
280 Uglow SE, Dallas, OR 97338  
[www.BlueHavenRCF.com](http://www.BlueHavenRCF.com)

**Dallas Retirement Village** 503-623-5581  
377 NW Jasper St, Dallas, OR 97338  
[www.BlueHavenRCF.com](http://www.BlueHavenRCF.com)

**Jefferson Lodge Memory Care** 503-623-8104  
664 SE Jefferson St, Dallas, OR 97338  
[www.jeffersonlodgememorycare.com](http://www.jeffersonlodgememorycare.com)

#### **Independence**

**Independence Blue Haven** 503-838-0330  
202 South 9th St, Independence, OR 97351  
[www.BlueHavenRCF.com](http://www.BlueHavenRCF.com)

#### **Keizer**

**The Arbor at Avamere Court** 503-856-7440  
450 Claggett Ct N, Keizer, OR 97303

**Bonaventure at Keizer Station**  
5525 McLeod Ln NE, Keizer, OR 97303

**The Village at Keizer Ridge** 503-390-1300  
1165 McGee Ct NE, Keizer, OR 97303

#### **Mt Angel**

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## *Residential & Memory Care, continued*

<b>Mount Angel Towers</b> One Towers Ln #2120, Mt Angel, OR 97362	503-845-7211
<b>Salem</b>	
<b>Bonaventure of Salem</b> 3411 Boone Rd SE, Salem, OR 97317	503-480-0004
<b>Brookdale Salem</b> 1355 Boone Rd SE, Salem, OR 97306	503-364-1091
<b>Brooksone Alzheimer's Special Care</b> 5881 Woodside Dr SE, Salem, OR 97306	503-967-9131
<b>Cedar Village</b> <i>Assisted living &amp; Memory Care</i> 4452 Lancaster Dr NE, Salem, OR 97305	503-390-9600
<b>Farmington Square Salem</b> 960 Boone Rd. SE, Salem, OR 97306	503-715-0727
<b>Four Seasons</b> 2850 NE Evergreen Ave., Salem, OR 97305	503-566-5876
<b>Harmony House</b> 3062 Hyacinth St NE, Salem, OR 97301	503-588-0722
<b>Hawthorne House</b> 3042 Hyacinth St NE, Salem, OR 97301	503-763-2722
<b>Prestige Living Orchard Heights</b> 695 Orchard Heights Rd NW, Salem, OR 97304	503-566-9052
<b>Rosewood Court</b> 4254 Weathers St NE, Salem, OR 97301	503-585-4602
<b>Sweet Bye n' Bye</b> 2520 Coral Springs Ave, Salem, OR 97305 2480 Coral Springs Ave, Salem, OR 97305	503-990-6679 503-362-5885
<b>The Woods At Willowcreek</b> <i>Assisted living &amp; Memory Care</i> 4398 Glencoe St NE, Salem, OR 97301	503-581-4239

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## Residential & Memory Care, continued

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### **Willson House Residential Care**

503-585-6511

*Willson House is the first Residential Care community in Oregon to pair with a Child Development Center to create an intergenerational education for its children and better emotional and cognitive health for its residents. We are close to shopping, doctors and Salem Hospital. Willson house has a Medicaid contract, is pet-friendly and committed to providing individualize care and support based on resident choice.*

1625 Center St NE, Salem, OR 97301

[www.umrcsalem.org](http://www.umrcsalem.org)

[www.facebook.com/willsonhouseRCF](http://www.facebook.com/willsonhouseRCF)

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### **Windsong Memory Care at Eola Hills**

503-912-4551

2030 Wallace Rd. NW, Salem, OR 97304

F: 503-912-4535

[www.windsongmemorycare.com](http://www.windsongmemorycare.com)

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### **Sublimity**

#### **Marian Estates~Elliott Residence/Reece Healthcare Center**

503-769-3499

390 SE Church St, Sublimity, OR 97385

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### **Turner**

#### **Turner Retirement Homes**

503-743-2490

5405 Boise St SE, Turner, OR 97392

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### **Woodburn**

#### **Emerald Gardens**

503-902-6072

*Memory Care*

1890 Newburg Hwy, Woodburn, OR 97071

[www.EGSeniorLiving.com](http://www.EGSeniorLiving.com)

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#### **Heartwood Place**

503-980-9990

2325 Boones Ferry Rd, Woodburn, OR 97071

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#### **Heritage House of Woodburn**

503-982-1506

943 N Cascade Dr, Woodburn, OR 97071

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#### **Silver Creek Memory Care**

503-981-4142

703 Evergreen Rd, Woodburn, OR 97071

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**P**lacement in a nursing facility, even temporarily while receiving rehabilitation therapy, can be a stressful experience for some people. A caregiver from New Horizons In-Home Care can provide companionship and added safety, and help ease a patient's and families' concerns. New Horizons has been serving residents in Oregon since 1985.

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## Nursing Facilities

Nursing facilities are licensed by the Department of Human Services, Seniors and People with Disabilities and are required to meet both federal and state regulations. Nursing facilities are most appropriate for people who need 24-hour medical oversight and/or rehabilitative therapies. All of Marion and Polk Counties Nursing Facilities offer both skilled and long-term care services.



- Skilled services — Rehabilitative care which is generally short-term while recovering from an illness. Generally these services are covered under Medicare or HMO insurance programs.
- Long-term care services — For individuals who have complex medical needs in addition to assistance with personal care. Generally these services are paid for privately, with long-term care insurance, or through Medicaid for people with minimal financial means.
- The average cost is \$225 per day. Facilities have a system for assessing service needs and supplies with additional fees based on the type and amount of services.
- The facility will provide you with a copy of their latest survey upon request.

You can also find a listing of all licensed facilities and view ownership and other information by visiting the Oregon Department of Human Services, Seniors and People with Disabilities website at:

**[www.dhs.state.or.us/spwpd/ltc/ltc\\_guide/map.cfm](http://www.dhs.state.or.us/spwpd/ltc/ltc_guide/map.cfm)**



## **Before Making a Final Decision**

- Ask to see all documentation relating to admission to the facility and review it carefully.
- If initial services are for skilled or rehabilitative therapies these costs will generally be covered by Medicare. Once these services end, however, there will be charges that are paid privately unless the person is on Medicaid.
- Maintain communication with the Nursing Facility's discharge planner, generally a Social Worker or Nurse, who will assist with long-term planning.

## **Nursing Facilities**

### **Dallas**

**Dallas Retirement Village** 503-623-5581  
377 NW Jasper St, Dallas, OR 97338

**West Valley Hospital Rehabilitation** 503-623-8301  
525 SE Washington St, Dallas, OR 97338

### **Independence**

**Independence Health & Rehabilitation Center** 503-838-0001  
1525 Monmouth St, Independence, OR 97351

### **Keizer**

**Avamere Court at Keizer** 503-393-3624  
5210 River Rd N, Keizer, OR 97303

**Sherwood Park Nursing & Rehab Center** 503-390-2271  
4062 Arleta Ave NE, Keizer, OR 97303  
[www.sherwoodparknursing.com](http://www.sherwoodparknursing.com)

### **Mt Angel**

**Providence Benedictine Nursing Center** 503-845-6841  
540 S Main St, Mt Angel, OR 97362

### **Salem**

**Avamere Transitional Care at Sunnyside** 503-370-8284  
4515 Sunnyside Rd SE, Salem, OR 97302

**Salem Health Rehabilitation Center** 503-561-5986  
755 Mission St. SE, Salem, OR 97302

**Salem Transitional Care** 503-576-3000  
3445 Boone Rd SE, Salem, OR 97317

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## *Residential & Memory Care, continued*

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<b>Tierra Rose Care Center</b> 4254 Weathers St NE, Salem, OR 97301	503-585-4602
<b>Windsor Health &amp; Rehabilitation</b> 820 Cottage St NE, Salem, OR 97301	503-399-1135
<b>Silverton</b>	
<b>Marquis Silver Gardens</b> 115 S James St, Silverton, OR 97381	503-873-5362
<b>Sublimity</b>	
<b>Marian Estates - Reese Healthcare</b> 390 SE Church St, Sublimity, OR 97385	503-769-3499
<b>Woodburn</b>	
<b>French Prairie Nursing &amp; Rehabilitation</b> 601 Evergreen Rd, Woodburn, OR 97071	503-982-0111

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## ***Nursing Facilities Resource***

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<b>Nursing Home Compare</b> US Centers for Medicare & Medicaid Services <i>Detailed information about every Medicare and Medicaid-Certified nursing home in the country.</i> <a href="http://www.medicare.gov">www.medicare.gov</a>	877-267-2323
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*Call Any Hour, Any Day 24/7*



## **new horizons in-home care**



ur services begin with a no cost or obligation **Free Nursing Assessment** from one of our Nurse Case Managers. This thorough evaluation will assist you in developing an individualized

plan of care. We will assess your care needs and provide you with detailed recommendations customized just for you. Our licensed and experienced Nurse Care Managers will help link you with valuable resources and help establish a safe plan of care.

### **Marion, Polk and Yamhill Counties**

#### **Salem**

2085 Commercial St. NE  
Salem, OR 97301  
**503-400-3000**

*Serving Salem and surrounding areas.*

### **Linn & Benton Counties**

#### **Corvallis**

1318 NW 9th, Corvallis, OR 97330  
**541-752-9059**

*Serving Albany, Corvallis,  
Lebanon and surrounding areas.*

### **Lane County**

#### **Eugene**

1345 Olive St, Eugene, OR 97401  
**541-687-8851**

*Serving Springfield, Cottage  
Grove, and surrounding areas.*

#### **Florence**

398 Hwy 101, Florence, OR 97439  
**541-997-8115**

*Serving Mapleton, Reedsport,  
Yachats, and surrounding areas.*





## End of Life Planning

End of life planning is a difficult process involving emotional stress, financial decision making, and may seem overwhelming. You can begin the planning process long before you are even close to death. It is important to record your desires and preferences regarding the decisions your loved ones will be asked to make if you become unable to make them yourself.

Important information to record and share with loved ones includes:

1. Burial, funeral and after death preparation and wishes.
2. Medical documents and information – including an Advanced Directive for Health Care (see our chapter on Making Decisions), and wishes for organ donation.
3. Veteran documents and information – dates of enlistment and discharge.
4. Financial documents and information, including social security number.
5. Biographical information – date and place of birth, parents names, siblings, etc.
6. If you have pets, be sure to include plans for their future care.
7. The location of the above documentation – if documentation is stored in a secure area, such as a safe or safety deposit box, include location of keys or lock combination.

### **Funeral Pre-Planning**

Not many people enjoy planning a funeral, especially if it's your own. But making your own funeral plans in advance can help your family and friends immensely in their time of grief. By pre-planning, you are able to make sure things are done in the way you would like them, and you will know that you are relieving your loved ones of some very burdensome future responsibilities.

### **Funeral Homes**

#### **Polk County**

<b>Bollman Funeral Home</b> 694 Main St, Dallas, OR 97338	503-623-3286
<b>Dallas Mortuary Tribute Center</b> 287 SW Washington St, Dallas, OR 97338	503-623-2325

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**Funeral Homes, continued**


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**Farnstrom Mortuary** 503-838-1414  
410 Monmouth St, Independence, OR 97351

**Marion County**


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**Barrick Funeral Home** 503-363-9139  
205 Church St SE, Salem, OR 97301

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**Belcrest Memorial Park Mausoleum & Cemetery** 503-581-8451  
1295 Browning Ave S, Salem, OR 97302

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**Howell-Edwards-Doerksen** 503-581-3911  
*Rigdon-Ransom Funeral Directors*  
1350 Commercial St SE, Salem, OR 97302

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**Crown Memorial Center-Cremation & Burial** 503-581-6265  
412 Lancaster Dr NE, Salem, OR 97301

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**Golden Virgil T Funeral Services** 503-364-2257  
605 Commercial St SE, Salem, OR 97301

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**Johnson Funeral Home** 503-364-2257  
134 Missouri Aves, Salem, OR 97302

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**Keizer Funeral Chapel** 503-393-7037  
4365 River Rd N, Keizer, OR 97303

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**Mt. Crest Abbey Mausoleum & Crematorium** 503-363-8652  
390 Hoyt St S, Salem, OR 97302

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**Restlawn Funeral Home** 503-585-1373  
201 Oak Grove Rd, Salem, OR 97304

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in-home care**

*A special thank you...*

**W**e thank everyone who contributed ideas and content to this 2018-2019 edition of New Horizons In-Home Care's Community Resource Guide. We disclaim any responsibility or liability for any and all listed services, programs, or housing options included herein, with the exception of our own.

We have endeavored to be inclusive, and welcome your suggestions for future publications. Contact us any time at [www.newhorizonsinhomecare.com](http://www.newhorizonsinhomecare.com). You can reach us in Salem at 503-400-3000.

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Experienced Care for people of All Ages  
Free Nursing Assessment

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